



# CREATING COMFORT IN YOUR ZONE

BY ERIKA HARDING



COMFORT ZONE SPACES

# ERIKA HARDING



## MY STORY

I am a seasoned spa and wellness expert with over two decades of experience, working in several countries. A trained and qualified Aesthetician, Massage and Holistic therapist.





# TURNKEY CONSULTANCY



**Expert Guidance:** expert guidance in creating home spas with the right energy and flow, ensuring a harmonious and relaxing environment.

**Functional and Stylish Equipment:** sourcing functional and stylish equipment to create the best personal experience.

**High-Quality Textiles:** ensuring the use of high-quality, durable textiles.

**Post-Installation Care:** offering post-installation care for both equipment and the overall spa.

**Staff Training and Sourcing:** sourcing and training staff specifically for your home spa.

**Collaborative Design:** working with interior designers on colours, textiles, and lighting to enhance the aesthetic appeal.

**Optimum Layout Planning:** planning the optimal layout for both aesthetics and functionality.



# OVER 20 YEARS' OF EXPERIENCE

- **Cruise Ship Spa Overhaul:** In 2010, as a senior therapist on board a six-star cruise ship, I spearheaded a comprehensive spa overhaul. During the ship's three-week dry dock period, I played a key role in redesigning the spa's layout and selecting new colours, significantly enhancing the ambiance and functionality of the space. This project was pivotal in shaping my understanding of spa design and optimisation.
- **Global Expertise:** Having worked in spas across several countries, I bring a wealth of knowledge and a diverse perspective. Each country presented unique challenges and opportunities, allowing me to adapt and refine my approach to creating effective wellness spaces.
- **Home Spa Creation:** Over the years, I have helped numerous clients transform their homes into personal wellness sanctuaries. These projects often involved sourcing the correct beds, products, and equipment tailored to each client's specific needs.
- **Practical Insights:** My extensive experience in the spa industry has taught me what investments are truly worthwhile. I know how to maximise the benefits of any given space, ensuring that every element contributes to the client's well-being and relaxation. This practical insight is invaluable in creating home spas that are both luxurious and functional.
- **Diverse Project Portfolio:** My portfolio includes a variety of projects, from luxurious cruise ship spas to intimate home wellness spaces. This diversity showcases my ability to handle different scales and types of spa environments, always delivering high-quality results.



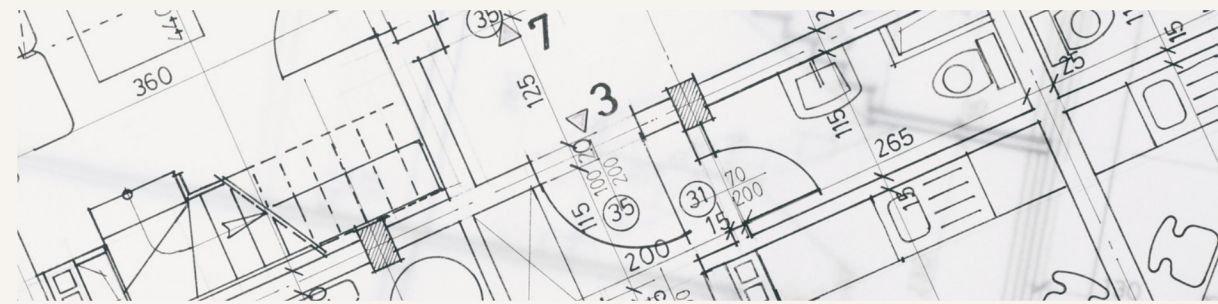
# WHAT VALUE IS ADDED

- 01 Every project is personalised to meet the unique needs of each client, ensuring a custom experience.
- 02 We maintain high standards in sourcing equipment and textiles, guaranteeing durability and luxury.
- 03 From initial planning to post-installation care, we provide total support ensuring your home spa remains a sanctuary.
- 04 Collaborating with interior designers, your spa is not only functional, but also a visually stunning space.
- 05 Our sourced and trained staff are highly qualified, providing exceptional home services.



# ALL INCLUSIVE PLANNING

FOR CREATIVITY AND CONSISTENCY



Custom moodboards  
created to plan your  
perfect space



FIND YOUR  
COMFORT ZONE



Get COMFORTable